



All dishes highlighted in green have one or more of the key features to be a Future Proof Food Dish

Monday 5 th January	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	INSET	Pea & Mint	Sweetcorn	Carrot & Red Lentil	Tomato
Main Meal		Pork Sausages	Soya Mince Bolognaise with Wholegrain Pasta	Peri Peri Chicken Pieces & Sauce	Cod Fish fingers with Tartar Sauce & Lemon
Veggie Alternative		Mushroom, Green Lentil & Butter Bean Hot Pot	Sundried Tomato, Cannellini Bean & Pesto Risotto	Vegan Cheese Chilli Bean Burrito	Fishless Fingers
On the Side		Skin on Wedges, Green Beans & Carrots	Seasonal Greens & Broccoli	Dirty Rice, Corn on the Cob & Slaw	Baked Beans, Mushy Peas & Oven Baked Chips
Dessert		Apple & Berry Crumble & Custard	Melon	Ice cream	Fruit Jelly
Freshly home baked bread, yoghurt pots and fresh salads 					