




All dishes highlighted in green have one or more of the key features to be a Future Proof Food Dish

Monday 22 nd June	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Minestrone	Pea & Mint	Curried Cauliflower	Leek & Potato	Tomato & Basil
Main Meal	Tomato & Basil Spaghetti	Garlic & Thyme Roasted Chicken, Roast Potatoes & Gravy	Beef Burger in a Bun with Garlic Wedges	Chicken Pieces, with Curry Sauce, Mango Chutney & Riata	Cod Fish Fingers with Tatar Sauce & Lemon
Veggie Alternative	Mac & Cheese Topped with a Herb Crust	Plant Based Sausages with Roast Potatoes & Gravy	Mushroom & Vegan Halloumi Burger in a Bun	Onion & Sweet Potato Bhaji	Tomato & Mozzarella Stromboli
On the Side	Peas & Sweetcorn	Carrots & Seasonal Greens	Green Beans & Mixed Salad	50/50 Rice, Carrots & Sweetcorn	Baked Beans, Mushy Peas & Oven Chips
Dessert	Fresh Fruit Salad	Apple & Apricot Crumble & Custard	Watermelon	Chocolate Brownie	Fruit Jelly
Freshly home baked bread, yoghurt pots and fresh salads  feeding independent minds					