



All dishes highlighted in green have one or more of the key features to be a Future Proof Food Dish

Monday 15 th September	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Tomato & Basil	Root Vegetable	Tuscan Bean	Pea & Mint	Tomato & Lentil
Main Meal	Creamy Chicken & White Bean Pesto with Wholegrain Pasta	Cumberland Pork Sausages & Onion Gravy	British Beef & Lentil Lasagna	Mild Chicken Curry with Mango Chutney & Riata	Fish Fingers with Tartar Sauce & Lemon
Veggie Alternative	Mac & Cheese topped with a Herb Crumb	Veggie Sausages & Onion Gravy	Aubergine & Mozzarella Parmigiana	Green Lentil & Chickpea Dahl	Fishless Fingers
On the Side	Peas & Sweetcorn	Mash, Carrots & Seasonal Greens	Broccoli & Mixed Salad	Garlic Naan, Cauliflower & Sweetcorn	Mushy Peas, Beans & Oven Baked Chips
Dessert	Fresh Fruit	Peach & Apricot Crumble	Sliced Melon	Chocolate Brownie	Fruit Jelly
Freshly baked bread, yoghurt pots and fresh salads					

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