



All dishes highlighted in green have one or more of the key features to be a Future Proof Food Dish

Monday 27 th January Wk1	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Tomato & Basil	Cauliflower & Cheddar	Sweetcorn & Noodle	Pea & Mint	Tomato
Main Meal	Wholegrain Pasta with Arrabbiata Sauce	Herby Chicken Strips	Chicken Chow Mein with Egg Noodles & Bean Shoots	Homemade Chicken & Sweetcorn Pizza	Battered Fish with Tatar Sauce & Lemon
Veggie Alternative	Macaroni & Mature Cheddar Cheese	Bean & Chickpea Falafels	Oven Baked Vegetable Spring Roll with Sweet Chilli Sauce	Homemade Margarita Pizza	Cheese & Onion Pasty
On the Side	Peas & Mixed Leaf Salad	Skin on Potato Wedges, Beans & Seasonal Greens	Boiled Rice, Pak Choi, Broccoli & Green Beans	Coleslaw & Peas Garlic Bread	Mushy Peas, Beans & Oven Baked Chips
Dessert	Whole Fresh Fruit	Bread & Butter Pudding with Custard	Sliced Water Melon	Vanilla Ice Cream	Raspberry Jelly
<p>Freshly home baked bread, yoghurt pots and fresh salads</p> <p>holroyd howe feeding independent minds</p>					